

PHASE Supporting References

PO	Reference in text	Documents/Material referred to for use
101.01 - Concepts of safer space		
101.02 - determining PHASE module		ANNEX B of the A-CR-CCO-900/PF-001, PHASE Program Facilitators Guide
		Search and Find activity worksheet
101.03 - select facilitator		ANNEX B of the A-CR-CCO-900/PF-001, PHASE Program Facilitators Guide
101.04 - support circle/safety plan	https://www.crisistextline.org/	Support Circle Printout
	https://www.canada.ca/en/department-national-defence/services/guide/programs-canadian-forces/cfmap.html	Safety Plan Printout
	https://kidshelpphone.ca/	
101.05 - prepare a safety person		
101.06 - personal positionality	sensoy & DiAngelo, 2017	ANNEX B of the A-CR-CCO-900/PF-001, PHASE Program Facilitators Guide
	https://cihr-irsc.gc.ca/f/52352.html	
	https://cihr-irsc.gc.ca/e/52352.html	
	https://students.dartmouth.edu/opal/education/introduction-power-privilege-and-social-justice	
101.07 - appropriate boundaries		PHASE coordinator Duties and Responsibilities
101.08 - address a disclosure	https://www.ohchr.org/en/professionalinterest/pages/crc.aspx	Scenario sheet
101.09 - self-care practices	https://blog.usejournal.com/the-unspoken-complexity-of-self-care-8c9f30233467	Self-care and self-soothing image handout
102.01a - transgender cadet policy		CJCR Gp O 8001-1 (including annexes)
102.02a - kids help phone	https://kidshelpphone.ca/	
	https://www.crisistextline.org/	

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	https://kidshelpphone.ca/get-involved/programs-resources/resources-caring-adults/	
	https://kidshelpphone.ca/resources-around-me/	
102.02b - cybertips.ca and needhelpnow.ca	https://needhelpnow.ca/app/en/	
	https://www.cybertip.ca/app/en/	
	https://www.needhelpnow.ca/app/en/parent_info-talking_tips	
	https://www.needhelpnow.ca/app/en/responding_to-youth-signs_of_suicidal_thoughts	
	https://www.needhelpnow.ca/app/en/downloadable_resources-youth	
	https://www.cybertip.ca/app/en/internet_safety	
	https://www.cybertip.ca/app/en/ctipalerts	
102.02c - Center for child protection	https://www.protectchildren.ca/en/	
102.03a - Suicide		
102.03b - self-harm	https://www.suicideinfo.ca/resource/self-harm-and-suicide/	
102.03c - Sexting	https://mediasmarts.ca/	
	https://www.cybertip.ca/app/en/	
	https://needhelpnow.ca/app/en/	
102.03d - Cyberbullying		
102.03e - trends		
102.03f - anxiety	https://www.mentalhealthcommission.ca/English	
102.03g - emotional literacy		
102.03h - TRC	https://nctr.ca/	
	http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf	
	https://www.youtube.com/watch?v=wjx2zDvyzsU	
102.03i		
102.03j Sexual Assault	https://canadianwomen.org/the-facts/sexual-assault-harassment/#:~:text=The%20rate%20of%20sexual%20assault%20for%20Canadians%20age%2015%20to%2019%20years%20old%20and%20older.&text=8%20%25%20of%20all%20victims%20of%20sexual%20violence%20are%20women%20and%20girls%20under%2018.	
	https://carleton.ca/sexual-violence-support/what-is-sexual-assault/getting-the-facts/	
102.03k - Gender and Sexual Diversity		
102.03l - eating disorders and disordered eating	nied.ca	